

## Five attitudes in prayer

Attitude is some one's way of thinking or action. It includes body language, mental state and behavior.

**Faith, repentance, humility, obedience and forgiveness** are the important attitudes in prayer.

**1. Faith:** The faith is definitely an attitude as well as aspect in prayer. All of our written prayers are the reflection of faith of our forefathers. If we miss the attitude of faith in prayer, we miss the reward too.

**2. Repentance:** This is also an aspect as well as attitude in prayer. In the earlier section we learned that, prayer is also a platform to confess our sins. The repenting mentality leads us to this self-confession. The self-confession is not a substitute for the confession before a priest.

**3. Humility:** Before starting prayer we should teach our mind that a living God who is really present before us to hear from us. We should present our prayers and requests only with humble mind. The prayer of Pharisee and tax collector is an example (Luke: 18:9-14).

**4. Obedience:** We should show our obedience to God in our prayers. This obedience may extend to the elders, hierarchical superiors and also to the rules of prayers.

**5. Forgiveness:** Forgiver is a person who is merciful, compassionate, tolerant and understanding. We should forgive others and pray for the remission of sins for ourselves and others too. Jesus taught the importance of forgiveness to his disciples (Mathew 6:14-15).

In addition to this we have to develop some good behavioral attitudes in prayer. The following are some good and bad behavioral attitudes in prayer. From this chart we can find, who we are in prayer.

### Good behavioral Attitudes

1. Punctual
2. Energetic
3. Legible
4. Co-operative
5. Readiness to serve.

### Bad behavioral Attitudes

1. Late/ absent
2. Lazy/ weak
3. Non legible
4. Non co-operative
5. Superiority complex

**Bedmor dhugarono thobo**

**Undakatte Nallormma**

**L'Mariam B'sultho kadhishtho**

**nadha ninnude jananeeyam**

**deelethok bab soolooso**

**kanyaka mariyaminnenum**

**V'lan adar baslavoso--Haleluyya.**

**aval prarthana thunyakatte--Haleluyya.**