

Importance of daily prayer

Prayer is the best way to communicate with God. Jesus is the best example for prayerful life. Jesus's prayer on the cross and Gethsemane are the best examples of prayer. "Father, forgive them, for they do not know what they are doing."(Luke 23:34)"Father, if you are willing, take this cup from me; yet not my will, but yours be done."(Luke 22:42)

Five reasons to pray

1. It is an opportunity to share all aspects of our lives with God.

God wants us to be close to Him always through the prayers. He is expecting openness from us always just like a father and mother expecting from their children.

2. It is a chance to express our praise and gratitude for the things He provides us.

We are enjoying the endless blessings of Lord not because of our merits but because of His mercy and love. In 1 Chronicles 16:34 we are commanded to "give thanks to the Lord, for he is good; his mercy endures forever".

3. It is a platform for confessing our sin and asking for help in overcoming those sins.

Confess our sins to God which he already knows is the only way to open the door of heaven. He is expecting our readiness to admit those sins and He will give help to overcome the trials.

4. It is an act of complete surrendering before God.

Surrender means readiness to give up what we desire, loose what we hold and change to what God desires in us. The ultimate aim of prayer is to change ourselves to the will of God. St Paul is the best example.

5. It is a way to acknowledge our obedience to God.

Jesus Himself was obedient to His father and our willingness to prayer shows our obedience to our creator. Ex: Abraham's obedience in Mount Moriah to sacrifice his son.

Bedmor dhugarono thobo

Undakatte Nallormma

L'Mariam B'sultho kadhishtho

nadha ninnude jananeeyam

deelethok bab soolooso

kanyaka mariyaminnenum

V'lan adar baslavoso--Haleluyya.

aval prarthana thunayakatte--Haleluyya.